



Mental Health Matters

A Multi-Step Innovative Program to Promote Mental Well-Being in Our Community



You Will Learn

- To gain a better understanding of the cause-and-effect relationship between various mental health issues in adolescents
- To fully comprehend the impact of mental health disorders on affected individuals and our community
- To identify characteristics of mental health issues and learn about available resources that may aid in treatment

Program Dates

Session I

- November 9, 2022
 - November 10, 2022
- College Ready Education Professionals
College Now Education Professionals

Session II

- January 19, 2023
 - January 25, 2023
- College Ready Education Professionals
College Now Education Professionals

Session III

- February 8, 2023
 - February 9, 2023
- College Ready Education Professionals
College Now Education Professionals

Registration

Contact your GEAR UP Facilitator to register for Session I by November 1, 2022.



Scan the QR code to view all sessions



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Program Time & Location

- 10:00 AM - 3:30 PM (Light breakfast and lunch will be served)
- Edinburg Conference Center at Renaissance
118 Paseo del Prado • Edinburg, TX 78539